

# **SUMMER GIRLS VOLLEYBALL CAMPS**

## Elementary & Junior High School GIRLS entering 2<sup>nd</sup> - 8<sup>th</sup> Grade

The camp is divided by ages / levels utilizing 2 gyms and 8 courts.

Up to date Techniques ~ All Skills ~ New Drills ~ Conditioning ~ Game & Tournament Play Meet High School Coaches ~ Train with Top High School Players ~ Learn from Experienced Coaches Have Fun ~ Challenge Yourself ~ Meet New Friends ~ Learn to Compete

Camp Option 1	Monday, June 9 – Thursday, June 12	12:00 – 6:00pm	
Camp Option 2	Monday, July 21 – Thursday, July 24	2:00 – 8:00pm	

Benet Academy Main Gym: 5<sup>th</sup> – 8<sup>th</sup> Grade Benet Academy Small Gym: 2<sup>nd</sup> – 4<sup>th</sup> Grade

#### \*Camp Cost: \$285 or \$500 for both weeks \*Pay CASH SAVE \$15

#### CAMP BREAKDOWN:

2 hours 30-minute 2 hours 30-minute 1-hour Skills Instruction – Individual Work Snack Break Team Drills – Scrimmages Snack (provided) Tournament

FUNdamentals New Friends & Future HS Champs!



½ hour each day: Light conditioning with Freshmen Coach Sayers
 ½ hour each day: "Teams" will do a fun activity – scavenger hunt, team building exercises & shirts
 Elementary players will have age appropriate drills / activities and will play with lighter balls.

#### CAMPERS WILL RECEIVE:

- Organized Instruction
- Daily Snack
- Benet Packet drills / exercises to do at home, schedule, tips for tryouts
- Camp T-Shirt / prizes / hair ribbons / volleyball trinkets/ treats
   Items to Bring to Camp: Bag, Water, Snacks, Gym Shoes, Kneepads, Extra T-Shirt, and a Good Attitude!

#### CAMP DIRECTORS & COACHES

- Brad Baker 19 years Girls Varsity Coach. Named Hall of Famer and NATIONAL COACH OF THE YEAR!
- Bonnie Bremner-Pettigrew 4-time All-American, National Champion, 3 Years Professional.
- Director of Next Level Athletes Volleyball run more than 400 successful camps and clinics.
- Kim Sayers Benet Girls Freshmen Coach, PE Department Chair and Personal Trainer
- Collegiate & High School Players will be court coaches for the camp

Questions: Call, text or email Bonnie (630) 330-7785 benetgirlsvolleyballcamps@gmail.com

> Counting down the days 'til Benet Vball Camp! Crazy hair day & water balloons! - Mia

#### Coach Baker & Bonnie have a combined 40+ years of coaching and Training Girls volleyball

#### What Parents & Players are saying...

- Sarah was planning to go to our public high school until this volleyball camp where she fell in love with Benet.
- ~ My daughter signed up with her 7<sup>th</sup> grade teammates...they learned a ton, bonded and won our parochial league conference!
- I loved coming to this camp when I was in grade school and it was blast to work it in high school... looking forward to coming home from college to work it again! – Peyton



### SUMMER GIRLS VOLLEYBALL CAMP 2025 ~ REGISTRATION FORM ~

YOU WILL RECEIVE AN EMAIL AS CONFIRMATION OF REGISTRATION

Please check:	*Pay Cash SAVE \$15						
	Camp Option 1	Monday, June 9 – Thursday, June 12	12 – 6 pm	\$285			
	Camp Option 2	Monday, July 21 – Thursday, July 24	2 – 8 pm	\$285			
	Both Camps	June & July 2025 Camps		\$500			
Player's Na	ame						
Grade							
Home Address							
Parent's Cell (Emergency Number)							
E-mail Address							
<u>Player T-Shirt Size: (Check One)</u> Youтн ADuLT							
(	Medium La	arge Small Medium Large	XL				
Parent's Name							
I hereby grant permission for my daughter to attend Benet Academy Volleyball Summer Camp. My child has no medical condition that would interfere with her participation. I release Benet and the coaching staff from any liability or from any injuries that may occur. In addition, I acknowledge use of photos of my child during camp activities. <i>I understand that no refunds can be provided</i> .							
Parent/Guardian Signature Date							
Amount Paid \$ (Please note: No refunds or credits can be provided)							
OPTIONS: TO REGISTER AND MAKE YOUR PAYMENT							
1 Make checks to Bonnie Pettigrew and mail with form 830 Kimberly Way, Lisle IL 60532							
Zelle info@nextlevelathletesinc.com or 630-330-7785 *Pay CASH SAVE \$15							

**3** Register on Benet Website (**for a fee**) http://benetcamps.com

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